

ATHENS 2003

AT THE INITIATIVE OF



SOCIETA
ITALIANA
DI MENOPAUSA



Hellenic Society for the Study
of Climacter and Menopause



UNION OF GYNECOLOGISTS - OBSTETRICIANS OF GREECE



WITH THE SUPPORT OF 32 NATIONAL MEDICAL GYNAECOLOGICAL AND MENOPAUSE SOCIETIES

CONSENSUS CONFERENCE

Menopause: State of the Art toward Consensus



•
1-4 May 2003

ASTIR PALACE CONVENTION CENTRE

•

INFORMATION: CFEE / FEMS EXECUTIVE ORGANIZATION
12, rue du Quatre-Septembre 75002 Paris - FRANCE
Tel: +33 (1) 42 86 55 92 — Fax: + 33 (1) 42 60 45 35
- eska@club-internet.fr

ERASMUS Conferences Tours & Travel
99 Dinokratous Street, 115-21 Athens, Greece
Tel: +3010 72 57 693 - Fax: +3010 72 57 532
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PROGRAMME - REGISTRATION



Menopause: State of the Art Toward Consensus

1-4 May 2003 - *Astir Palace Resort & Convention Center - Athens, Greece*

Many thanks to the various speakers from previous FEMS conferences

D. Agnusdei(Italy)	D. Feldberg.....(Israel)	P.T. Leshchinsky.....(Ukraine)	T. Reslova(Czech Republic)
J.F. Arnal.....(France)	J.M. Fernandez-Moya.....(Spain)	R. Levin(U. K.)	D. Rezeberga(Latvia)
G. Arvis(France)	K. Friese(Germany)	N. Lietuviute.....(Latvia)	C. Ribot(France)
I. Auziņa(Latvia)	V. Friptu.....(Moldova)	G. Lindmark(Sweden)	L. Rob.....(Czech Republic)
A. Bacchi-Modena(Italy)	N. Georgopoulos(Greece)	P. Lopes(France)	G. Rosano(Italy)
I. Baseviciene(Lithuania)	A. Gorins(France)	B. Lunenfeld.....(Israel)	H. Rozenbaum.....(France)
E. E. Baulieu(France)	A. Graziottin.....(Italy)	S. Maffei(Italy)	F. Sai(Estonia)
A. Bazarra(Spain)	F. Grodstein.....(USA)	V.V. Makagonova(Ukraine)	A.E. Schindler(Germany)
A. Beverley Lawton(New Zealand)	M. Gunes(Turkey)	J. Mäkinen(Finland)	M. K. Schubert(Germany)
J. Blahos(Czech Republic)	A. Hakim(Argentina)	J. Malkova.....(Czech Republic)	G. Serra(Italy)
M. Botelho(Portugal)	L. Hamberger(Sweden)	L. Marianowski(Poland)	KDR Setchell(USA)
P. Brinsden(UK)	V. V. Henderson(USA)	J. Matlochova(Czech Republic)	B. Sherwin(Canada)
M. Brosa(Latvia)	J. Horejsi.....(Czech Republic)	D. Matule.....(Latvia)	T. Simon(France)
P. Broulik(Czech Republic)	U. Hoyme(Germany)	T. Meade(U.K.)	T. Simoncini.....(Italy)
D.V. Buryak.....(Ukraine)	J.C. Huber(Austria)	A. V. Mikhailov.....(Russia)	N. Sjöberg(Sweden)
A. Cagnacci(Italy)	S. Hulley(USA)	M. Moen.....(Norway)	J. Stencl(Slovakia)
L. Cardozo.....(U. K.)	M. Jansone(Latvia)	R. Nadisauskiene(Lithuania)	I.A. Stepanov(Russie)
R. Comino Delgado.....(Spain)	E. Johannisson.....(Switzerland)	C. Nappi.....(Italy)	B. Stray-Pedersen(Norway)
J. Conard(France)	I. Juraskova(Australia)	A. Negro-Vilar(USA)	J. Studd(U. K.)
D. Crook(U. K.)	H. Karro(Estonia)	N.N. Nizova.....(Russia)	A. Sucari.....(Argentina)
B. Crzechocinska(Poland)	P. J. Keller(Switzerland)	V. Odland(Sweden)	A. Tamborini(France)
S. Davis(Australia)	S. Khmil(Ukraine)	G. Okoiev(Armenia)	J. Tomala.....(Poland)
H. Degrelle(France)	L.I. Kokh(Russie)	I. Paegle(Latvia)	R. Tunell(Sweden)
P. Delmas(France)	P. Koliba.....(Czech Republic)	C. Pafumi(Italy)	V. Tzingounis(Greece)
C. Di Carlo.....(Italy)	V. Kubicek(Czech Republic)	M. Pagani(Italy)	P. Velebil(Czech Republic)
R. Diaz-Brinton(USA)	D. Kuh.....(England)	D. Pagliaro(Australia)	A. Vermeulen(Belgium)
J. Dillner(Sweden)	O.K. Kulaga(Ukraine)	F. Paveliu(Romania)	I. Verulashvili.....(Georgia)
R. Dolecek(Czech Republic)	M. Lachowsky(France)	C. Pelissier(France)	J. Wagner(USA)
J. Donat(Czech Republic)	E. Lang(USA)	M. Penotti(Italy)	B. Walsh(USA)
J. Donnez(Belgium)	A. Lanzone(Italy)	F. Perez-Lopez(Spain)	A.J. Welton(England)
V.I. Douada(Ukraine)	P. G. Larsson.....(Sweden)	P. Pollanen(Germany)	L. Weström(Sweden)
O.G. Drazhina.....(Ukraine)	B. Lawton(New Zealand)	P. Polo-Kantola(Finland)	C. Wuster(Germany)
G.V. Dzyak(Ukraine)	G. Lazdane(Latvia)	E. Ratchev(Bulgaria)	J. Zahradkova(Czech Republic)
M. Espié.....(France)	A. Ledda(Italy)	T. Raud.....(Estonia)	J. Zivny(Czech Republic)
M. Faure(France)	P. Leger.....(France)	H. Reich(USA)	V.W. Henderson(USA)

REGISTRATION AND ORIENTATION

For delegates who arrive early on Thursday, May 1, 2003 in the morning there will be a welcome reception, where delegates may meet each other, as well as register and collect their badges. Congress bags consisting of information packets and programme announcements will also be available at this gathering.

LOCATION

The congress will take place at the Astir Palace Resort and Convention Centre just 40 minutes drive from downtown Athens overlooking the beautiful Vouliagmeni Bay. Offering an extensive array of congress and recreational services the Astir Palace is an ideal conference venue.

CONGRESS LANGUAGE

The official language of the congress will be in English. The organisers are receptive to the proposal of additional languages, including French, German, Russian and Spanish - depending on the quantity of the delegates represented.



SCIENTIFIC INFORMATION

ARMENIA MENOPAUSE SOCIETY:
Prof. Georges OKOEV

BELARUS MENOPAUSE SOCIETY:
Prof. Ivan DOUDA

BULGARIA LEAGUE FOR THE
PREVENTION OF OSTEOPOROSIS:
Prof. Anna-Maria BORISSOVA PHD

CZECH GYNECOLOGICAL AND
OBSTETRICAL SOCIETY:
Vladimir DVOŘÁK, MD

CZECH MENOPAUSE SOCIETY:
Prof. Josef DONAT

ECUADOR: LATIN AMERICAN
SOCIETY OF OSTEOLOGY AND
MINERAL METABOLISM:
Dr. Raul JERVIS S.

ESTONIA MENOPAUSE SOCIETY:
Dr. Terje RAUD

AFEM: FRANCE MENOPAUSE
SOCIETY:
Dr. Henri ROZENBAUM

FINNISH MENOPAUSE SOCIETY:
Dr. Risto TUIMALA

GEORGIA MENOPAUSE SOCIETY:
Prof. Ia. VERULASHVILI

GREECE MENOPAUSE SOCIETY:
Prof. V. TZINGOUNIS

HUNGARY MENOPAUSE SOCIETY:
Prof. Karoly TOTH

IRISH OSTEOPOROSIS SOCIETY:
Prof. Moira O'BRIEN

ITALIAN OSTEOPOROSIS SOCIETY:
Dr. Sergio ORTOLANI

JAPANESE MENOPAUSE SOCIETY:
Prof. Takiato ASO

KOREAN SOCIETY OF
MENOPAUSE:
Prof. Won-Whe KIM

LATVIA MENOPAUSE SOCIETY:
Prof. Maja BROSA

LITHUANIA MENOPAUSE
SOCIETY:
Dr. Riita NADISIAUSKIENE

MOLDOVA MENOPAUSE SOCIETY:
Prof. Valentin FRIPU

POLISH GYNECOLOGICAL
SOCIETY

SECTION ENDOCRINOLOGY AND
MENOPAUSE: Prof. Longin
MARIANOWSKI

PORTUGAL: GRUPO DE ESTUDOS
DE CLIMATERIO DE PORTUGAL:
Prof. Madalena BOTELHO

ROMANIA MENOPAUSE SOCIETY:
Prof. Manuela RUSSU

SLOVAK MENOPAUSE SOCIETY:
Prof. Jan STENCEL

SLOVENE MENOPAUSE SOCIETY:
Prof. Dr. Helena MEDEN-VROVEC

SPAIN: Tresory FEMS
Prof. Perez LOPEZ

SPAIN: HISPANIC FOUNDATION
OF OSTEOPOROSIS AND
METABOLIC BONE DISEASES
Prof. Manuel Diaz CURIEL

SWITZERLAND MENOPAUSE
SOCIETY: Prof. Paul KELLER

THAI MENOPAUSE SOCIETY:
Prof. Kobchitt LIMPAPHAYOM

UKRAINE MENOPAUSE SOCIETY:
Prof. Stephan KHMIL

Dear Friends,

The Consensus Conference of Montreux, Switzerland being the great success it was, we feel it is time that a similar event take place. Therefore we are pleased to confirm - as previously announced - **the 2nd European Consensus Conference** which will take place from the **1-4 of May 2003** in the very pleasant setting of Vouliagmeni, Athens at the Astir Palace Resort.

This congress will be organised under the responsibility of the Greek, Italian and French Menopause Societies and in association with 32* national medical and gynaecological societies who have come together with one objective in mind : **to establish a forum where we can come together as experts in the name of scientific research and go beyond the various different opinions to reach an overall consensus.**

Definitive results concerning the effects of HRT - particularly with relation to Cardiovascular Risk, breast cancer risk and prevention of Alzheimer's disease will not be available before 2005 or later after the publishing of ongoing interventional studies. However physicians need practical guidelines now. The aim of this conference will be to establish **The State of the Art** of our knowledge on each topic concerned with HRT. The lectures performed by **internationally renowned speakers** and the **discussion of practical aspects** in workshops will allow the jury and the panel of experts to establish **consensus propositions and guidelines for clinicians.**

The expected participation for this event is between 900 and 1.200 persons coming from 40 different countries therefore making this a considerable event. This is attracting attention from the best international experts who will head each session and propose their communications to the jury and the conference participants with a view to reaching consensus. The conference will be organised around these sessions among which you will find in the following:

- Androgens and DHEA ■ Bones and Joints ■ Cardio-Vascular Disease ■ Epidemiological Aspects ■ Menopause and Hormone Dependent Cancers ■ Mental Aspects ■ Phytoestrogens
- Practical Aspects ■ Psychological and Sexual Aspects ■ SERMS ■ Skin and Aesthetics
- Tibolone ■ Urogynaecology

We sincerely hope to meet you in Athens for this ambitious and innovative event and invite you to contact the Organisers for any further information regarding registrations and package deals available.

Yours sincerely,

Dr Henri ROZENBAUM
President of FEMS

15, rue Daru
27008 Paris, FRANCE
Tel: 01 42 67 77 47
Fax: 01 46 22 20 27

Prof Vasilios TZINGOUNIS
President of Hellenic Society for the
Study of Climacter and Menopause

Dpt of Obstetrics and Gynecology
University Of Patras
POBOX 5076
Patras 26442 GREECE
Tel: +30 610 992 807
Fax: + 30 610 993 854

Prof Giovan SERRA
President of
Italian Menopause Society

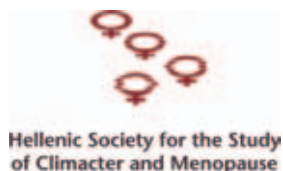
Via delle Calsanziani 26
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SCIENTIFIC PROGRAMME

(update 28 june 2002)

THURSDAY, MAY 1 2003

WELCOMING PARTY 12:00 - 14:00

INTRODUCTION 14:00 - 14:30

Dr Henri ROZENBAUM

President of FEMS

Prof Vasilios TZINGOUNIS

*President of Hellenic Society for the
Study of Climacter and Menopause*

Prof Giovan SERRA

*President of
Italian Menopause Society*

Dr Nicolas TSATSARIS

*President of Union of
Gynecologists-Obstetricians of Greece*

SESSION 1: EPIDEMIOLOGICAL ASPECTS 14:30 - 15:30

VISIT OF THE EXHIBITION / COFFEE BREAK 15:30 - 16:00

SESSION 2: MENTAL ASPECTS 16:00 - 17:00

SESSION 3: PSYCHOLOGICAL AND SEXUAL ASPECTS 17:00 - 18:00

End of Day 1 18:00

FRIDAY, MAY 2 2003

SESSION 4: BONES AND JOINTS 9:00 - 10:00

VISIT OF THE EXHIBITION / COFFEE BREAK 10:00 - 10:30

SESSION 5: CARDIO-VASCULAR DISEASE 10:30 - 12:00

SESSION 6: SKIN AND AESTHETICS 12:00 - 12:45

LUNCH 12:45 - 14:00

SESSION 7: MENOPAUSE AND HORMONE DEPENDENT CANCERS 14:00 - 15:30

VISIT OF THE EXHIBITION / COFFEE BREAK 15:30 - 16:00

SESSION 8: ANDROGENS AND DHEA 16:00 - 16:45

End of Day 2 16:45



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SCIENTIFIC PROGRAMME

(update 28 June 2002)

SATURDAY, MAY 3 2003

SESSION 9: UROGYNAECOLOGY 09:00 - 10:00

SESSION 10: SERMS 10:00 - 11:00

VISIT OF THE EXHIBITION / COFFEE BREAK 11:00 - 11:30

SESSION 11: TIBOLONE 11:30 - 12:30

LUNCH 12:30 - 13:30

SESSION 12: PHYTOESTROGENS 13:30 - 14:30

SESSION 13: PRACTICAL ASPECTS 14:30 - 16:00

- Routes of Administration
- Choice of Estrogen
- Choice of Progestogen
- Doses
- Polymorphic receptors

JURY DELIBERATION AND ELABORATION OF GUIDELINES 16:00 - 18:00

End of Day 3 18:00

SUNDAY, MAY 4 2003

PRESENTATION OF GUIDELINES AND CONSENSUS POSITIONS 10:00 - 12:00

LUNCH 12:00 - 13:30

END OF CONGRESS 13:30

LETTER OF INVITATION

Those persons needing an official letter in order to attend the Congress may write to the Organisers specifying the necessary details. This service is designed only to assist participants who need to obtain a visa or permission to attend the Congress. It should not be considered as an official invitation covering fees or other expenses.



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LECTURES / POSTERS / ABSTRACTS / FREE COMMUNICATIONS SUBMISSION FORM

DEADLINE JANUARY, 15 2003

I would like to submit an abstract for a:

- Lecture Poster Other

ABSTRACT PREPARATION INSTRUCTIONS

DEADLINE JANUARY, 15 2003

General Information

1. Abstracts must be prepared in English
2. Abstracts sent by fax will not be accepted
3. Accepted Abstracts for oral/poster presentation will be printed with the lecture proceedings by Editions ESKA, the publishers of *Menopause Review*
4. Abstracts must be submitted on the Abstract Form provided
5. Abstracts will appear exactly as submitted
6. Presenting authors whose abstracts are accepted for presentation must register for the meeting and pay the registration fee.
7. Use standard abbreviations and place unusual ones in parenthesis after the first appearance of the word. Do not use abbreviations in titles.
8. The title should contain the major key words of the presentation to aid in communicating its central emphasis
9. The text of the abstract should briefly state:
 - OBJECTIVES: indicate the purpose of the study or the hypothesis that was tested.
 - DESIGN & METHODS: include the setting for the study, the subjects (number and type), the diagnosis or intervention, and type of statistical analysis. If references are needed, they should be given in the text.
 - RESULTS: present as clearly as possible the outcome of the study and statistical significance if appropriate.
 - CONCLUSIONS: briefly discuss the data and emphasize the significance of the results.

Typing Instructions

1. Please do not fold the typewritten area.
2. Avoid corrections, errors, misspellings
3. Type the abstract in small letters entirely within the frame so that the resulting rectangle is landscape (height: <107 mm, width: <170 mm). Computer generated abstracts will only be accepted on a separate sheet if the total type area is within the given dimensions.
4. Type the title of the abstract in bold upper and lower case on the first line.
5. Write the name(s) of the authors with initials preceding the last names, institutions, and country. Utilize a maximum of five lines. Underline the name of the presenting author only.
6. Double space between the heading and the text of the abstract.
7. Type the text single-spaced, with no paragraphs or indentations, using the full width of the form.
8. Abstracts should be clearly typed using a high contrast type (a dot matrix printer is not accepted).
9. Since abstracts are printed exactly as submitted, please proofread carefully.

SAMPLE ABSTRACT

Hormone Replacement Therapy and Cardiovascular Protection

J. Doe, P. Smith, and T. Jones

Department of Obstetrics and Gynecology, University Hospital, Epidemiology Unit, National Health Commission, Victoria, Australia

Objectives: The objective of this study was to determine the current usage of hormone replacement therapy and its impact on cardiovascular diseases. **Design and methods:** Experiments were performed over a period of three years (1992-1994). Extensive interviews and questionnaires were performed on menopausal women. **Results:** Current use of HRT in women with no cardiovascular impact (12.1%), current use of HRT in women with cardiovascular impact (26.7%). **Conclusions:** HRT use in Australian is not frequent enough to draw a conclusion. The choice of pragmatic approach in menopause does raise interesting public health issues that are not valuable only for the Australian population, but also for healthcare of aging women worldwide.

SUBMISSION FORM

DEADLINE 15 JANUARY 2003

PLEASE PRINT/TYPE CLEARLY IN CAPITALS

First Name Middle Name Last Name

Address

.....

Zip Code City..... Country

Tel: Fax E-Mail

MAIL AN ORIGINAL OF THE ABSTRACT PLUS 2 PHOTOCOPIES TO:

CFEE/FEMS -12 rue du Quatre Septembre, 75002 Paris - France - Tel:+33-1-42-86-55-92 - Fax:+33-1-42-60-45 35

Please email the abstract (agpaedit@yahoo.com) and do not send them by fax, since abstracts are printed exactly as submitted

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REGISTRATION FEES

	Before 15 November 2002 (€)	After 16 November 2002 (€)
Members of Associated Societies	300 <input type="checkbox"/>	400 <input type="checkbox"/>
Members of Non-Associated Societies	400 <input type="checkbox"/>	500 <input type="checkbox"/>
Accompanying person	80 <input type="checkbox"/>	80 <input type="checkbox"/>
Day Ticket	200 <input type="checkbox"/>	200 <input type="checkbox"/>

- THE REGISTRATION FEES** cover the cost of the following items: • Scientific Program • Welcoming and Closing Ceremonies • Coffee Breaks • Abstract Volume • Delegates Congress Bags and documentation.
- THE ACCOMPANYING PERSONS FEE** includes the welcoming party and free access to the social events organized by the sponsors and access to the resort.

ACCOMMODATION PROPOSAL

	*Single	*Double
Category L		
Astir Palace (☆☆☆☆☆ deluxe, conference venue with seaview)	<input type="checkbox"/> 250 - 300**	<input type="checkbox"/> 280 - 330**
The Margi (☆☆☆☆☆ deluxe)	<input type="checkbox"/> 245	<input type="checkbox"/> 280
Divani Apollon Palace (☆☆☆☆☆ deluxe)	<input type="checkbox"/> 245	<input type="checkbox"/> 280
Category A		
Armonia & Paradise (☆☆☆☆)	<input type="checkbox"/> 190	<input type="checkbox"/> 190
Plaza (☆☆☆☆)	<input type="checkbox"/> 175	<input type="checkbox"/> 190
Amarilia (☆☆☆☆)	<input type="checkbox"/> 130	<input type="checkbox"/> 155
Category B	<input type="checkbox"/> 100	<input type="checkbox"/> 120

* Hotel rates are inclusive of Buffet Breakfast & Taxes ** Sea View

REGISTRATION FORM

Please write the **MAXIMUM** information in **BLOCK LETTERS**

Family Name: _____ First Name: _____
Address: _____
Postal Code: _____ Town: _____
Country: _____ E-mail: _____
Telephone : _____ Fax: _____

METHOD OF PAYMENT

I wish to pay the following amount: _____ € **MINIMUM RESERVATION FEE 300 € :**

CASH CHEQUE

BANK TRANSFER: BNP Champs Elysées, 37, avenue des Champs-Elysées, 75008 PARIS – France

Account Holder : CFEE/FEMS - Account N° : 30004.00804.00010140052.36

CREDIT CARD: Visa Mastercard Expiration Date

Card's Holder _____ Card No.

Please return this form to:
CFEE / FEMS executive organization - Attn: Serge KEBABTCHIEFF and Patricia MOLOUGHNEY
12, rue du Quatre-Septembre 75002 Paris
Tel: +33 (1) 42 86 55 92 - Fax: +33 (1) 1 42 60 45 35 - email: eska@club-internet.fr



CONSENSUS CONFERENCE

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Athens - May 1-4, 2003

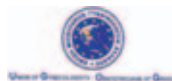
INFORMATION:

CFEE / FEMS executive organization
12, rue du Quatre-Septembre 75002 Paris - FRANCE
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<http://www.eska.fr> eska@club-internet.fr

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