

# ENERGY EFFICIENCY DECALOGUE

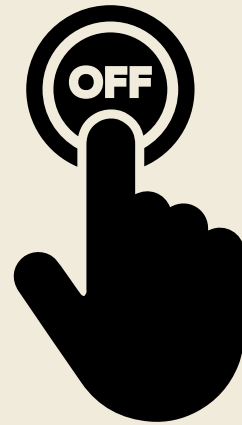
Climate change is a major global problem.  
Here are some tips on energy saving to reduce your impact on climate.

m'illumino  
di meno



## TURN OFF COMPUTER AND ELECTRICAL DEVICES WHEN YOU DON'T USE THEM

lowering the lighting of your computer you can reduce consumption up to 50%



## DON'T LEAVE SOCKETS PLUGGED IN

you can reduce consumption of nearly 7% in a year



## TURN OFF LIGHTS WHEN THERE IS NATURAL LIGHTING AND WHEN YOU LEAVE A ROOM

did you know that a traditional 2-tube ceiling lamp turned on 24 hours a day consumes in a year more than two A+ class refrigerators?



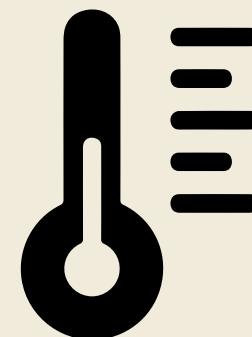
## USE THE STAIRS, NOT THE LIFT

you can burn 3,5 Kcal per flight of stairs



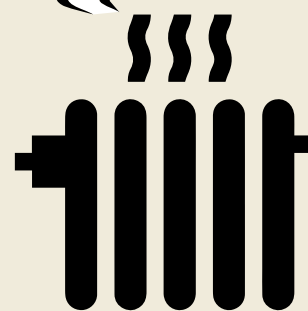
## REDUCE ROOM TEMPERATURE WHEN POSSIBLE

did you know that reducing heating by 1 degree you can save about 5-10% per year?



## DON'T COVER THE RADIATORS AND USE NATURAL AIRING WHEN POSSIBLE

air the rooms in the warmest hours of the day



## TURN ON ONLY LAMPS FARTHEST FROM THE WINDOWS

Exploit natural lighting



## PROMPTLY REPORT ANY MALFUNCTIONS TO THE CONTACT PERSONS



## DO NOT PRINT UNLESS NECESSARY

if you really have to, print double-sided, choose a small font and centralize printing sessions



## ADJUST CLOTHING TO THE SEASON

